

S.No	Show Name	Timing
1	News Wrap	8:30-8:35
2	Get Set Go	8:40-8:42
3	Fitness Segment	9:00-9:25
4	Infooty	9:30-9:40
5	Stars on social media	9:45-9:55
6	sports talk	10:00-10:22
7	News Wrap/ Rankings	10:24-10:29
8	Series Special Show	10:30 - 10:55
9	Interviews	11:00 - 11:35
11	Mic On	11:40-11:47
12	Infooty	11:50 - 12:00
13	Legends	12:00- 12:35
15	Fans Corner	12:40 - 12:52
16	Star Player of the Day	12:54-12:59
17	Fitness Segment	13:00 - 13:35
18	Stars on social media	13:40 - 13:52
20	Get Set Go	13:57-13:59
21	Woman of Substance	14:00 - 14:30
22	Series Special Show	14:36 - 14:59
23	Sports Talk	15:00 - 15:22
24	Songs	15:22- 15:32
25	Break Filler	15:32-15:35
26	Stars on Social Media	15:37 - 15:49
27	Fans Corner	15:50-16:00
28	Interviews	16:05 - 16:30
29	Infooty	16:35 - 16:45
30	Business Of Sports	16:47 - 16:49
32	Tea Toast & Sports	17:00 - 17:25
33	Star Player of the Day	17:30 - 17:35
34	Fillers & Songs	17:45 - 17:55
35	Sports Talk	18:00 - 18:35
36	Infooty	18:40 - 18:50
37	News Wrap	18:55 - 19:00
38	Interviews	19:00 - 19:30
40	Mic On	19:30 - 19:40
41	Infooty	19:45 - 19:55
42	Legends	20:00 - 20:30
44	Fans Corner	20:30 - 20:40
45	Star Player of the Day	20:40 - 20:45
46	Fitness Segment	20:45 - 21:15
47	Get Set Go	21:17 - 21:20
49	Stars on social media	21:20 - 21:30
50	Woman of Substance	21:30 - 22:00
51	Series Special Show	22:00 - 22:30
Repeat		